

## FACT-Cog (Version 3)

Below is a list of statements that other people with your condition have said are important. **Please circle or mark one number per line to indicate your response as it applies to the past 7 days.**

| <b><u>PERCEIVED COGNITIVE IMPAIRMENTS</u></b> |  | Never | About<br>once a<br>week | Two to<br>three<br>times a<br>week | Nearly<br>every<br>day | Several<br>times a<br>day |
|---|--|-------|-------------------------|------------------------------------|------------------------|---------------------------|
| CogA1   | I have had trouble forming thoughts .....  | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogA3   | My thinking has been slow .....  | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogC7   | I have had trouble concentrating .....   | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogM9   | I have had trouble finding my way to a familiar<br>place.....                                      | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogM10  | I have had trouble remembering where I put things,<br>like my keys or my wallet .....              | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogM12  | I have had trouble remembering new information,<br>like phone numbers or simple instructions ..... | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogV13  | I have had trouble recalling the name of an object<br>while talking to someone.....                | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogV15  | I have had trouble finding the right word(s) to<br>express myself .....                            | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogV16  | I have used the wrong word when I referred to an<br>object .....                                   | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogV17b                                       | I have had trouble saying what I mean in<br>conversations with others .....                        | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogF19  | I have walked into a room and forgotten what I<br>meant to get or do there .....                   | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogF23  | I have had to work really hard to pay attention or I<br>would make a mistake .....                 | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogF24  | I have forgotten names of people soon after being<br>introduced .....                              | 0     | 1                       | 2                                  | 3                      | 4                         |

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|---------|---|-------|-------------------------|------------------------------------|------------------------|---------------------------|
| CogF25  | My reactions in everyday situations have been slow.....   | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogC31  | I have had to work harder than usual to keep track of what I was doing .....                    | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogC32  | My thinking has been slower than usual .....  | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogC33a | I have had to work harder than usual to express myself clearly .....                            | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogC33c | I have had to use written lists more often than usual so I would not forget things .....        | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogMT1  | I have trouble keeping track of what I am doing if I am interrupted.....                        | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogMT2  | I have trouble shifting back and forth between different activities that require thinking ..... | 0     | 1                       | 2                                  | 3                      | 4                         |

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|------------------------------------|---|-------|-------------------------|------------------------------------|------------------------|---------------------------|
| <b><u>COMMENTS FROM OTHERS</u></b> |   |       |                         |                                    |                        |                           |
| CogO1                              | Other people have told me I seemed to have trouble <u>remembering information</u> ..... | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogO2                              | Other people have told me I seemed to have trouble <u>speaking clearly</u> .....        | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogO3                              | Other people have told me I seemed to have trouble <u>thinking clearly</u> .....        | 0     | 1                       | 2                                  | 3                      | 4                         |
| CogO4                              | Other people have told me I seemed <u>confused</u> .....                                | 0     | 1                       | 2                                  | 3                      | 4                         |

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| <b><u>PERCEIVED COGNITIVE ABILITIES</u></b> |   | <b>Not at all</b> | <b>A little bit</b> | <b>Somewhat</b> | <b>Quite a bit</b> | <b>Very much</b> |
|---|---|-------------------|---------------------|-----------------|--------------------|------------------|
| CogPC1                                      | I have been able to concentrate .....   | 0                 | 1                   | 2               | 3                  | 4                |
| CogPV1                                      | I have been able to bring to mind words that I wanted to use while talking to someone.....    | 0                 | 1                   | 2               | 3                  | 4                |
| CogPM1                                      | I have been able to remember things, like where I left my keys or wallet .....                | 0                 | 1                   | 2               | 3                  | 4                |
| CogPM2                                      | I have been able to remember to do things, like take medicine or buy something I needed ..... | 0                 | 1                   | 2               | 3                  | 4                |
| CogPF1                                      | I am able to pay attention and keep track of what I am doing without extra effort .....       | 0                 | 1                   | 2               | 3                  | 4                |
| CogPCH1                                     | My mind is as sharp as it has always been .....   | 0                 | 1                   | 2               | 3                  | 4                |
| CogPCH2                                     | My memory is as good as it has always been.....   | 0                 | 1                   | 2               | 3                  | 4                |
| CogPMT <sub>1</sub>                         | I am able to shift back and forth between two activities that require thinking .....          | 0                 | 1                   | 2               | 3                  | 4                |
| CogPMT <sub>2</sub>                         | I am able to keep track of what I am doing, even if I am interrupted .....                    | 0                 | 1                   | 2               | 3                  | 4                |

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| <b><u>IMPACT ON QUALITY OF LIFE</u></b> |   | <b>Not at all</b> | <b>A little bit</b> | <b>Somewhat</b> | <b>Quite a bit</b> | <b>Very much</b> |
|---|---|-------------------|---------------------|-----------------|--------------------|------------------|
| CogQ35                                  | I have been upset about these problems .....                              | 0                 | 1                   | 2               | 3                  | 4                |
| CogQ37                                  | These problems have interfered with my ability to work.....               | 0                 | 1                   | 2               | 3                  | 4                |
| CogQ38                                  | These problems have interfered with my ability to do things I enjoy ..... | 0                 | 1                   | 2               | 3                  | 4                |
| CogQ41                                  | These problems have interfered with the quality of my life.....           | 0                 | 1                   | 2               | 3                  | 4                |