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Below is a list of statements that other people with your illness have said are important. **Please circle or mark one number per line to indicate your response as it applies to the past 7 days.**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | **Not at all** | **A little bit** | **Somewhat** | **Quite a bit** | **Very much** |
|  |
| Sp1 | I feel peaceful | 0 | 1 | 2 | 3 | 4 | |
| Sp2 | I have a reason for living | 0 | 1 | 2 | 3 | 4 | |
| Sp3 | My life has been productive | 0 | 1 | 2 | 3 | 4 | |
| Sp4 | I have trouble feeling peace of mind | 0 | 1 | 2 | 3 | 4 | |
| Sp5 | I feel a sense of purpose in my life | 0 | 1 | 2 | 3 | 4 | |
| Sp6 | I am able to reach down deep into myself for comfort | 0 | 1 | 2 | 3 | 4 | |
| Sp7 | I feel a sense of harmony within myself | 0 | 1 | 2 | 3 | 4 | |
| Sp8 | My life lacks meaning and purpose | 0 | 1 | 2 | 3 | 4 | |
| Sp9 | I find comfort in my faith or spiritual beliefs | 0 | 1 | 2 | 3 | 4 | |
| Sp10 | I find strength in my faith or spiritual beliefs | 0 | 1 | 2 | 3 | 4 | |
| Sp11 | My illness has strengthened my faith or spiritual beliefs | 0 | 1 | 2 | 3 | 4 | |
| Sp12 | I know that whatever happens with my illness, things will be okay | 0 | 1 | 2 | 3 | 4 | |
| Sp13 | I feel connected to a higher power (or God) | 0 | 1 | 2 | 3 | 4 | |
| Sp14 | I feel connected to other people | 0 | 1 | 2 | 3 | 4 | |
| Sp15 | I feel loved | 0 | 1 | 2 | 3 | 4 | |
| Sp16 | I feel love for others | 0 | 1 | 2 | 3 | 4 | |
| Sp17 | I am able to forgive others for any harm they have ever caused me | 0 | 1 | 2 | 3 | 4 | |
| Sp18 | I feel forgiven for any harm I may have ever caused | 0 | 1 | 2 | 3 | 4 | |
| Sp19 | Throughout the course of my day, I feel a sense of thankfulness for my life | 0 | 1 | 2 | 3 | 4 | |
| Sp20 | Throughout the course of my day, I feel a sense of thankfulness for what others bring to my life | 0 | 1 | 2 | 3 | 4 | |
| Sp21 | I feel hopeful | 0 | 1 | 2 | 3 | 4 | |
| Sp22 | I feel a sense of appreciation for the beauty of nature | 0 | 1 | 2 | 3 | 4 | |
| Sp23 | I feel compassion for others in the difficulties they are facing | 0 | 1 | 2 | 3 | 4 | |